

Results of the 10th Annual “One Hour” – Sunday, April 15, 2018

All splits taken from lap counters' recording sheets. The exception is the 5km (shown in parentheses), which was calculated from adjacent splits. Times for 10km (*marked with an asterisk*) were officially recorded with a “stopped” watch.

	<u>2km</u>	<u>4km</u>	<u>(5km)</u>	<u>6km</u>	<u>8km</u>	<u>10km</u>	<u>Finish</u>
Erin Taylor-Talcott	10:17	20:46	(26:08)	31:25	41:56	52:28.1*	11 455
Yvan Béchard	10:08	20:24	(25:46)	31:07	41:56	53:04.8*	11 284
Dave Talcott	10:37	21:13	(26:36)	32:04	43:01	54:10.6*	11 088
Évane Michoux	12:36	24:18	(30:15)	36:24	48:15	59:52	10 029
Marcel Jobin	12:32	25:15	(31:45)	38:16	51:13		9 294
Amanda Schneider	13:23	27:25	(33:50)	40:21	53:40		8 985
Angélie Fahey	13:25	26:46	(33:35)	40:21	54:04		8 910
Sandy Archibald	13:27	26:44	(33:34)	40:23	54:15		8 843
Nicky Slovitt	14:22	28:51	(35:56)	43:04	57:16		8 389
Sharon Wright	14:13	28:39	(35:53)	43:07	58:01		8 268
Anne MacDonald	14:07	28:36	(35:51)	43:10	58:28		8 205
**Nadine Francis	14:48	29:21	(36:38)	44:00	58:39		8 182
Lily Whalen	14:46	29:30	(36:54)	44:23	59:34		8 065
**Angela Quinlan	15:57	31:52	(39:47)	47:29			7 632
**Pierre St-Onge	15:45	31:43	(39:46)	48:01			7 500
Karen Marks	15:44	31:40	(39:48)	47:59			7 478
**David Wright	17:01	34:05	(42:38)	51:07			7 063
<i>Denis Laflamme</i>	<i>11:51</i>	<i>23:35</i>	<i>(29:33)</i>	<i>35:25</i>	<i>48:19</i>		<i>(9 800) DQ</i>

Athletes were provided with an individual list of 400m splits at the competition. If copies are required, please contact Roger Burrows at roger@bytownwalkers.ca or 613-745-5433
ger@bytownwalkers.ca or 613-745-5433